

ANNUAL REPORT

2018-19

MGN College of Education has prepared professional, creative and humane teachers since its inception. Another glorious year has been added to the history of the college, which is full of curricular as well as co curricular activities. The session began on 11th July, 2018.

INAUGURAL SESSION AND ORIENTATION PROGRAMME

In orientation programme, the students were familiarized with the teacher education profession. The students were told about content outlines, examination system, code of conduct and different activities to be carried out during the whole session. The detail of the same is as follows:

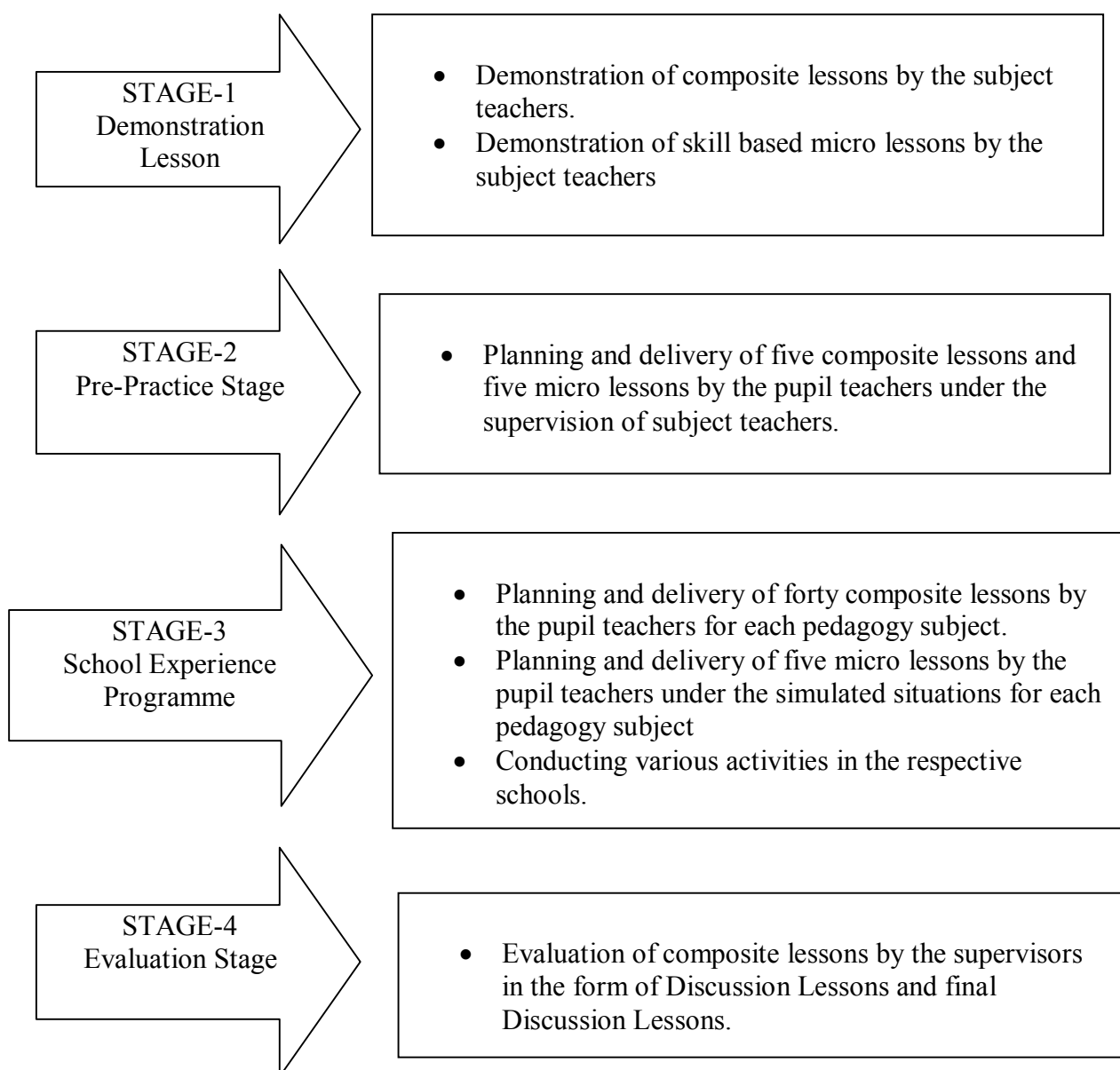
The session started with the orientation programme of B.Ed. Sem. – III that was held on 11th July, 2018. Principal Mrs. Neelu Jhanji addressed students of the new session and told them regarding the courses of B.Ed. and M.Ed. Dr. Radha Arora elaborated the code of conduct along with details of uniform. Details of information about the B.Ed. Course, outline of different subjects and scheme of marks division were provided by Dr. Pooja Bharadwaj. The time table and classroom setups were discussed by Dr. Radha Arora. Students were oriented towards the teaching practice by Dr. Meharban Singh. Further he laid stress on pre-practice and school experience programme along with various activities to be performed by students during their teaching practice in different schools .

The Orientation Programme for B.Ed. Sem.-I was held from 06th August 2018 to 10th August 2018, in which the students were introduced towards the various club activities by the respective club in charges. Dr Seema Rani explained about Red Ribbon Club, Dr Radha Arora reflected on the activities of Maths Club, Mrs Gurpreet Kaur explained about Red Cross Club, Ms. Taranpreet Kaur explained the activities of Health Club, Dr. Ravjeet Kaur threw light on the activities under Literary Club and Legal Aid Clinic. Mrs. Gaganpreet Kaur elaborated about different Camps and activities taken up under NSS Camp. Mrs Sharan explained about the Art Club and Mrs Shivani reflected upon the events taken up under Cyber Club. Examination scheme of CP-III subject was oriented by Dr. Ravjeet Kaur. Pedagogy as school subjects i.e the teaching subjects were introduced by Dr Meharban Singh. Later on the description related to cultural activities including talent hunt, co-curricular activities and youth festivals was given by Mrs. Gurpreet Kaur.

PRACTICE TEACHING PROGRAMME

Students in the college learn to teach. A central aspect of Teacher Education Programme is the school experience programme in schools, popularly known as Teaching Practice for Student Teachers. During Teaching Practice students are given opportunities to observe experienced teachers at work and to develop practical skills, particularly in the areas of planning, teaching class-room management and organizing learning activities for pupils.

It is conducted in four stages: demonstration lessons, pre-practice stage, school experience programme- actual practice stage at practising schools, evaluation stage Pre-practice programme was held in the College from July 31 – August 7, 2018.



Demonstration lessons for composite lesson plans were delivered by the subject teachers to the students from July 30th to Aug 5th 2018. Demonstration lessons for Micro Lessons in various skills were also given by the teachers. During pre practice programme, students prepared the files regarding framing of P.K. testing questions, behavioral objectives and lesson plans of composite and micro lessons.

9 schools were taken up for Teaching Practice, which was carried from 8th August, 2018 to 20 November, 2018. During Practice Teaching Programme, the students were supposed to prepare lesson plan every day for each teaching subject. In addition to this, students must participate in the various activities carried out in the practicing schools. The activities are as follows:

1. Conducting and participating in Morning Assembly.
2. Organizing Physical Training Programme after Morning Assembly.
3. Delivering Lectures on social/moral/cultural issues in the Morning assembly.
4. Organizing different competitions i.e. Quiz, Painting, Essay Writing, Declamation, Debate etc.
5. Celebration of different festivals and important days during the period of teaching practice.

6. Maintaining Attendance Register and Stock Register.
7. Conducting Sports Meet.
8. Maintaining/ Beautification of school campus.
9. Action Research Programme.

First Discussion of B.Ed. students was taken from October 15th to 18th October, 2018.
Second Discussion was held from November 12th to 14th November, 2018.

MORNING ASSEMBLIES

Morning Assemblies are most important feature of the college's co-curricular activities. The activities are planned House wise. This session morning assemblies were organized on the following topics:

Vivekanand House	<ul style="list-style-type: none"> • Commencement of new Session with Shabad Kirtan and Ardaas. • Teacher's day celebration on 05-09-2018
Gandhi House	<ul style="list-style-type: none"> • On the theme : National Youth Day held on 23-01-2019
Tagore House	<ul style="list-style-type: none"> • On the theme : "National Girl Child Day" held on 25-01 - 2019
Aurobindo House	<ul style="list-style-type: none"> • On the theme : "Mahatma Gandhi – Apostle of Peace" held on 05-02-2019
Plato House	<ul style="list-style-type: none"> • On the theme : "Imbalanced Ecosystem" held on 02-11-2018
Socrates House	<ul style="list-style-type: none"> • Celebrated 550th Birth Anniversary of Shri Guru Nanak Dev ji. • On the theme : Environment Sustainability held on 05-11-2018
Rousseau House	<ul style="list-style-type: none"> • Celebrated National Education Day on 13-11-2018 • On the theme : "Education as Proactive Agent".
Dewey House	<ul style="list-style-type: none"> • On the theme : "Environmental Sustainability: Unite to Combat" on 16-11-2018

CELEBRATION OF IMPORTANT DAYS

- ***Celebration of World Disabled Day***

Women Welfare Committee of the college celebrated World Disabled Day Prepared a Display board regarding the rights of Disabled Children in Educational Institutions on 16-July-2018

- ***Celebration of Teacher's Day***

Vivekananda House of the college paid tribute to teachers by organizing 'Teacher's Day' in the college campus on 5th September, 2018.

- ***Celebration of Hindi Diwas***

To realize the importance of Hindi and motivate the students to use and respect our mother tongue, Hindi Diwas was organized in the college premises on 14-09-2018 on the theme: "Hindi Hain Hum, Vatan Hain Hindustan Hamara". A slogan writing competition was organized on this day. Judgment of this competition was done by Dr. Radha Arora, Dr. Ravjeet Kaur and Ms. Arpita Sood. While speaking on this occasion, Principal Mrs. Neelu Jhanji said that language is not only the mode of communication, it is also the medium to understand the culture of a country. This event was organised under the supervision of Ms Arpita Sood.

- ***Celebration of N.S.S. Day***

N.S.S. Unit of the college celebrated NSS day on **25-09-2018**.

- ***Celebration of Gandhi Jyanti***

NSS unit of the College celebrated Birth anniversary of Mahatma Gandhi ji on 2-October-2018.

- ***Celebration of National Education Day***

The Rousseau House of the college celebrated National Education Day on 13 Nov, 2018 to commemorate the 130th Birth anniversary of Maulana Abul Kalam Azaad, on the theme "Education as Proactive Agent". On this occasion, Akshita reflected the relevance of National Education Day and other students emphasized on the means to protect our surroundings and gave the message of keeping our mother earth clean and green. Principal Mrs. Neelu Jhanji emphasized that education is a tool for self-empowerment as enables us to take serious and effective action. She further added that education enhances appreciation of environment among citizens which can give rise to overall positive environmental and behavioral changes. This event was co-ordinated under the supervision of Ms Gurpreet Kaur.

- ***Celebration of World Environment Protection Day***

The World Environment Protection Day was celebrated by NSS unit of the college by organizing various events under the theme "Environment Sustainability: A Global Concern" throughout the month on different dates viz-à-viz 2nd Nov, 5th Nov, 13th Nov and 16th Nov, 2018.

- ***Celebration of World AIDS Day***

Red Ribbon Club of the college celebrated World AIDS Day in the college campus on 1 December, 2018.

- ***Celebration of National Voters' Day***

NSS Unit of the College celebrated National Voters' Day on 25-1-2019.

- ***Celebration of Women's Day***

Women Welfare Committee of the college celebrated International Women's Day on the theme "Beti Bachao, Beti Padhao" on 8 March, 2019.

- ***Celebration of World Mathematics Day***

Maths club of the College celebrated National Mathematics Day in the college premises on 07-03-2019.

- ***Celebration of National Safety Day***

Youth Red Cross Club of the college celebrated "National Safety Day" on the theme 'Health is Wealth- keep this treasure safe' on 5 March, 2019.

- ***Celebration of World Sikh Environment Day***

NSS unit of the college celebrated World Sikh Day on 14 March, 2019 in the college premises.

- ***Celebration of Youth Empowerment Day***

Drug De-addiction Committee, DAPO, Buddy groups of the College celebrated "Youth Empowerment Day" in the college premises to commemorate the sacrifice of freedom fighter S. Bhagat Singh, remembering him on the martyrdom day of Shaheed Bhagat Singh on 23-03-2019.

- ***Celebration of World Health Day***

Health Club of the college celebrated World Health Day on 8 April, 2019 in the college premises.

<i>CELEBRATION OF 550TH BIRTH ANNIVERSARY OF SHRI GURU NANAK DEV JI</i>

ਪਵਣੁ ਗੁਰੂ ਪਾਈ ਪਿਤਾ ਮਾਤਾ ਧਰਤਿ ਮਹਤੁ॥

Recalling these words of Guru Nanak Dev ji, 550th Birth Anniversary of Shri Guru Nanak Dev ji was celebrated by organizing various events under the theme 'Environment sustainability : A Global Concern' throughout the month in the premises of the college. During these events, through various speeches, poems, PowerPoint presentations and videos, the life and teachings of Shri Guru Nanak Dev ji were emphasized. Students were motivated to follow the footsteps of Guru Nanak Dev ji to bring peace and harmony in the world. Different events were organized on the topics, 'Imbalanced Ecosystem', 'Seven Billion Dreams – One Planet', 'Education as a proactive agent' and 'Unite to Combat' under the theme 'Environment sustainability' a Global Concern. The purpose of organizing these events was to spread the message "Better environment, better tomorrow" and 'Save Planet Earth' which were dreams of Guru Nanak Dev ji.

All the events were organized by Dr. Pooja Arora, Mrs. Shivani Gulati, Ms. Gurpreet Kaur and Mrs. Gaganpreet Kaur.

“Priksha Pe Charcha” – Live Telecast with Hon’ble Prime Minister

All the students and faculty member of the witnessed the live interaction of Hon’ble Prime Minister with students to discuss about the examination stress. During the telecast the importance of latest developments in the field of education in the form of inclusive education and ‘Khelo India, Khilo India’ were stressed. While interacting with students he called the youth as ‘Future of India’.

In a very interactive manner he answered the questions of the students ‘how to deal with the expectations of parents and teachers?’, by addressing the parents and teachers to consider as a part of life and not the whole life. Further he said that presenting one’s point of view in an effective manner before others is quite important to make others understand your expectations and aspirations. He also appealed the parents to not to force their dreams on their children. He further suggested that we should not blindly follow the expectations but we should be aware regarding our aspirations. While answering the question “how to deal with excessive dependence on technology” he answered that if technology shrunk our mind instead of expanding our mind, then the technology is destructive. To avoid the overdependence on technology, he suggested that as parents we need to spend quality time with our children. He emphasised to have approachable and achievable aim instead of following big and non-achievable aim. Also introspection regarding the planning and path to achieve the goal is the key to success. ‘How to manage time’ this question was addressed too by him by quoting the dedication of mother towards her family. He said that belongingness binds you to work energetically. To manage time well, he advised to analyse the activities and routine of last one week, with that analysis we can come to know the slot of time in which we can schedule out activities and work well. He further said that examination makes us perfect, so do not curse it. He further uttered that examinations are the benchmarks to test our capabilities. If, instead of acquiring knowledge we will run behind marks, then exams will become fear. He also added that clarity of thought, faith in conviction and proper guidance are required to decide the field of occupation.

HIGHLIGHTS OF VARIOUS CLUBS’ ACTIVITIES

CULTURAL CLUB ACTIVITIES

• ***Talent Hunt***

To explore the young talent, **Talent Hunt** was organized in The college in the series of two days i.e. on 11th and 12th September, 2018, presided over by the Principal Mrs. Neelu Jhanji. Students exhibited their talent in various categories like in Quiz, Literary items (Poetry, Elocution & Debate), Fine Arts (Rangoli, Poster Making, Slogan writing, Phulkari, Collage making, Clay Modelling, Still Life Painting, Sketching, Cartooning, Photography and Landscape), theatrical items, (Skit, mimicry, Histrionics, Geet, Ghazal, Shabad, Folk Song, Dance & Gidha).

Results (11.9.2012)

Fine Arts

Collage Making

- | | | | |
|----|------------------|---|-----------------|
| 1. | Mehak Jain (101) | - | 1 st |
|----|------------------|---|-----------------|

Poster Making

- | | | | |
|----|----------------------|---|-----------------|
| 1. | Anmoldeep Kaur (149) | - | 1 st |
| 2. | Gagandeep Kaur (138) | - | 2 nd |

Sketching

- | | | |
|-----------------------|---|-----------------|
| 1. Ashima Kohli (118) | - | 1 st |
|-----------------------|---|-----------------|

Still Life

- | | | |
|-------------------------|---|-----------------|
| 1. Anmoldeep Kaur (149) | - | 1 st |
|-------------------------|---|-----------------|

Rangoli

- | | | |
|---------------------|---|-------------------|
| 1. Pooja Devi (174) | - | 1 st |
| 2. Mehak Jain (101) | - | 2 nd |
| 3. Poonam (182) | - | consolation Prize |

Landscape

- | | | |
|---------------------|---|-------------------|
| 1. Chetan Gupta(01) | - | Consolation Prize |
|---------------------|---|-------------------|

Cartooning

- | | | |
|-------------------------|---|-------------------|
| 1. Poshita Oberoi (152) | - | Consolation Prize |
|-------------------------|---|-------------------|

Slogan writing

- | | | |
|----------------------|---|-----------------|
| 1. Geetanjali(175) | - | 1 st |
| 2. Nidhi Sharma(103) | - | 2 nd |

RESULTS (12.9.2018)***Literary Competitions*****Poetical Recitation**

- | | | |
|------------------------|---|-------------------|
| 1. Akshita Sharma(132) | - | 1 st |
| 2. Shikha sharma(195) | - | 2 nd |
| 3. Nidhi Sharma (103) | - | Consolation Prize |

Best Speakers**Elocution and Debate**

- | | | |
|-----------------------|---|-------------------|
| 1. Kirat Kaur(105) | - | 1 st |
| 2. Ravneet Kaur (102) | - | 2 nd |
| 3. Navjot kaur (127) | - | Consolation Prize |

Cultural Competition**Dance**

- | | | |
|-----------------------|---|-------------------|
| 1. Neha Sharma(128) | - | 1 st |
| 2. Bhavna Sharma(194) | - | 2 nd |
| 3. Geetanjali(175) | - | 3 rd |
| 4. Tamana(189) | - | Consolation Prize |

Singing

- | | | |
|------------------------|---|-------------------|
| 1. Chetan Gupta (01) | - | 1 st |
| 2. Ajay Kumar Dev (04) | - | 2 nd |
| 3. Shruti Sharma(146) | - | Consolation Prize |

Fancy Dress

- | | | |
|-------------------------|---|-----------------|
| 1. Akshita Sharma (132) | - | 1 st |
|-------------------------|---|-----------------|

Monoacting

- | | | |
|-----------------------|---|-------------------|
| 1. Bhavna Sharma(194) | - | Consolation Prize |
|-----------------------|---|-------------------|

- ***Zonal Youth Festival***

The following students of our College have won various positions in G.N.D.U. Zonal Youth Festival held at Khalsa College, Ranjeet Avenue, Amritsar from 8th to 10th October, 2018.

Item	Name	Father's Name	Class/ R.No	Position
Poster Making	Sakshi	Om Kant	M.Ed.Sem-III/ 2012	First
Folk Song	Harpreet Kaur	Sarabjit Singh	M.Ed.Sem-I/1003	Second
Collage	Mehak Jain	Sumit Jain	B.Ed. Sem-I/101	First
Poetical Symposium	Navneet Kaur	Gurdev Singh	B.Ed.Sem-III/639	Second
Cartooning	Poshita Oberoi	Sunil Oberoi	B.Ed.Sem-I/152	Third
Clay Modeling	Khushbu	Sanjeev Tuli	B.Ed.SemIII/606	Second
Group Shabad	Harpreet Kaur	Srabjit singh	M.Ed. Sem- I/1003	Third
	Jaspreet Kaur	Kuldeep singh	B.Ed.Sem-III /640	
	Ivnoor Singh	Amarjit Singh	B.Ed.Sem-III /504	
	Chetan Gupta	Mukesh Gupta	B.Ed.Sem-I /01	
	Shivantika Nagar	Pushpinder Kumar	B.Ed.Sem-III/617	Third
	Ritu Soni	Nagar	B.Ed.Sem-I /136	
		Ashok kumar Soni		
Phulkari	Jaspreet kaur	Baldev Singh	B.Ed. Sem-I /01 /155	Third
Gidha Team	Ramneek Kaur	Balwinder Singh	B.Ed. Sem-I/611	Third
	Amanpreet Kaur	Sarbjit Singh	B.Ed. Sem-I/645	
	Harpreet Kaur	Dhami	B.Ed. Sem-III/670	
	Navjot Kaur	Amarjit Singh	B.Ed. Sem-III/669	
	Sunita Rani	Onkar Singh	B.Ed. Sem-III/628	
	PriyankaChaudhary	Bhai Lal	B.Ed. Sem-III/675	
	Lovleen Kaur	Manohar Lal	B.Ed. Sem-III/685	
	Manpreet Kaur	Sukhdev Singh	B.Ed. Sem-III/682	
	Rittu verma	Balvir Singh	B.Ed. Sem-III/681	
	Manrajveer Kaur	Rajesh kumar	B.Ed. Sem-I/151	
	Shobha	Daljit singh	B.Ed. Sem-III/2010	
		Ram Pal Yadav		

- ***Inter Zonal Youth Festival***

The following student of our College has won position in Clay modeling in **Inter Zonal Youth Festival 2018**, held at Apeejay College of Fine Arts, Jalandhar on 13.11.2018.

Item	Name	Father's Name	Class/ R.No	Position
Clay Modeling	Khushbu	Sanjeev Tuli	B.Ed. Sem-III/606	Second

- Doaba Youth Festival**

Students of The college participated in Doaba Youth Festival at Doaba College, Jalandhar and won various prizes out of participating degree Colleges from Northern Region of India. The details are given below:-

Item	Name	Father's Name	Class/ R.No	Position
Poster Making	Sakshi	Om Kant	M.Ed.Sem-III/ 2012	Second
Rangoli	Vipindeep Kaur	Davinder Singh	B.Ed.Sem-III/604	Consolation
On The Spot Photography	Shaifali Sonik	Vinod kumar	B.Ed. Sem-III/616	First
Poetical Symposium	Navneet Kaur	Gurdev Singh	B.Ed.Sem-III/639	Third
Cartooning	Poshita Oberoi	Sunil Oberoi	B.Ed.Sem-I/152	First
Sketching	Manpreet Kaur Manku	Rajinder Singh Manku	B.Ed.SemIII/618	Third
Landscape	Manpreet Kaur Manku	Rajinder Singh Manku	B.Ed.SemIII/618	Second
Phulkari	Jaspreet kaur	Baldev Singh	B.Ed. Sem-I /01 /155	Third
Debate	Navneet Kaur Nidhi Sharma	Gurdev Singh Harinder Sharma	B.Ed.Sem-III/639 B.Ed. Sem-I /103	Second Second
Gidha Team	Ramneek Kaur Amanpreet Kaur Harpreet Kaur Navjot Kaur Sunita Rani PriyankaChaudhary Lovleen Kaur Manpreet Kaur Rittu verma Manrajveer Kaur Shobha	Balwinder Singh Sarbjit Singh Dhami Amarjit Singh Onkar Singh Bhai Lal Manohar Lal Sukhdev Singh Balvir Singh Rajesh kumar Daljit singh Ram Pal Yadav	B.Ed. Sem-I/611 B.Ed. Sem-I/645 B.Ed. Sem-III/670 B.Ed. Sem-III/669 B.Ed. Sem-III/628 B.Ed. Sem-III/675 B.Ed. Sem-III/685 B.Ed. Sem-III/682 B.Ed. Sem-III/681 B.Ed. Sem-I/151 B.Ed. Sem-III/2010	Consolation

- Colors-2019- Inter-College Fiesta**

The following students of the College have won various positions in **Colors-2019- Inter-College Fiesta** held at C.T. Group of Institutions, Maqsudan, Jalandhar on 1st February, 2019.

Sr. No.	Item	Name	Father's Name	Class/ Roll No.	Position
1.	Group Song	Chetan Gupta	Mukesh Gupta	B.Ed. Sem-II / 01	Ist
		Ivnoor Singh	Amarjit Singh	B.Ed. Sem-IV / 504	
		Ritu Soni	Ashok Kumar Soni	B.Ed. Sem-II / 136	
		Harpreet Kaur	Sarabjit Singh	M.Ed. Sem-II / 1003	
		Shivantika Nagar	Pushpinder Kumar Nagar	B.Ed. Sem-IV / 617	

		Renu Kumari	Gurbachan Singh	B.Ed. Sem-IV / 651	
		Ajay Kumar Dev	Sukhdev Thakur	B.Ed. Sem-II / 04	
2.	Mehndi	Vipindeep Kaur	Davinder Singh	B.Ed. Sem-IV / 604	IInd

• ***Competitions Held At Desh Bhagat Yadgar Hall***

The following students of our College have won positions in different Competitions held at Desh Bhagat Yadgar Hall, Jalandhar on 30th and 31st October, 2018.

Item	Name of Student	Father's Name	Class/ Roll No.	Position
Group Song	Harpreet Kaur	Sarabjit Singh	M.Ed. - I/1003	Second
	Shivantika Nagar	Pushpinder Kumar Nagar	B.Ed.- III/617	
	Jaspreet Kaur	Kuldeep Singh	B.Ed.- III/640	
	Ivnoor Singh	Amarjit Singh	B.Ed.- III/504	
	Shruti Sharma	Kulbhushan Kant	B.Ed.- I/146	
	Ritu Soni	Ashok Kumar Soni	B.Ed.- I/136	
Solo Song	Ivnoor Singh	Amarjit Singh	B.Ed.- III/504	Consolation
Painting	Anmoldeep Kaur	Paras Singh	B.Ed.- I/149	Consolation

• ***Inter College Painting Competition***

The following student of our College has won 2nd position in Inter College Painting Competition organized by PAHAL, held at Nirmaan School for Holistic Education, Maqsudan, Jalandhar on 7th February, 2019.

Items	Name	Father's Name	Class/ Roll No	Position
Painting Competition	Poshita Oberoi	Sh.Sunil Oberoi	B.Ed. Sem-II/ 152	IInd

ART CLUB ACTIVITIES

• ***Celebrations Of Basant Panchmi***

Art Club organized “Kite Making and Slogan Writing Competitions” to welcome the festival of Basant Panchami on 8th February 2019 in the college campus to make the students to express the creativity and innovative ideas. A number of students participated in this competition. The work of students was judged by Dr. Ravjeet Kaur, Mrs. Geetanjali Mittu and Mrs. Sharan. Results of completion are as below:

i. Kite Making Competition

Sr. No.	Roll No.	Name	Award
1	173/Sem IV/Sec A	Jayanti Juneja	First
2	197 /Sem IV/Sec A	Jasleen	First
3	114/Sem IV/Sec A	Bhavna	Second
4	169/ Sem IV/Sec A	Neeharika	Consolation
5	165/Sem IV/Sec A	SmilePreet	Consolation

ii. Slogan Writing Competition

Sr. No.	Roll No.	Name	Award
1	138/Sem II/Sec B	Gagandeep kaur	First
2	103/Sem II/Sec D	Nidhi sharma	Second

• **Workshop On “Best Out Of Waste”**

A workshop on “Best out of Waste” was organized by Art Club on 5th May 2019 in College Campus to develop the students’ creative and Imaginative skills and to reuse the waste material in best possible manner. Workshop was conducted by Sanjeev Rai, a proficient work Education teacher from Vidya kala Mandir, Bhat Camp Badarpur, New Delhi. He displayed different ways and methods to cut waste paper in creative manner to draw out decorative designs and patterns. Principal Mrs. Neelu Jhanji appreciated the efforts of mr. sanjeev and asked students to follow the ways to best utilize the waste paper.

HEALTH CLUB ACTIVITIES

• **Inter House Badminton Competition**

Inter House Badminton Competition was organized on 24th and 25th January,2019 in the Badminton Court of the college. Badminton Doubles (Girls) matches were played on knockout and league basis. One entry (two Players and one Substitute) was invited from each house. Badminton singles (Boys) matches were played on league basis. The Competition was judged by Mrs. Rupinder Kaur. Results of the completion are given below:

Result of Badminton Competition (24th and 25th January, 2019)

Name	Father’s Name	Class/Roll No	Position
Girls (Doubles)			
Ramandeep kaur Priyanka Chaudhary	S.Gurnam Singh Sh.Manohar Lal	B.Ed.-IV/ 621 (B) B.Ed.-IV/ 675 (B)	1 st
Ritu Soni Rupa Johal	Sh.Ashok Kumar Soni S.Shaminder Singh	B.Ed.-II/ 136 (B) B.Ed.-II/ 119 (B)	2 nd
Sonika Sharma Anu Pathania	Sh.Pawan kumar Sh.Kartar Singh Pathania	B.Ed.-IV/ 673 (C) B.Ed.-IV/ 693 (C)	3 rd
Boys (Singles)			
Chetan Gupta	Sh.Mukesh Gupta	B.Ed.-II/ 01 (B)	1 st
Shivang Sharma	Sh.Surinder Kumar	B.Ed.-II/ 07 (C)	2 nd
Harkrishan	Sh.Kamal Kishore	B.Ed.-II/ 06 (B)	3 rd

• **Inter House Kho-Kho Competition**

Inter House Kho-Kho Competition was organized on 28th and 29th January,2019 in the Kho Kho of the college. One entry (Nine players and three substitutes) was invited from each house. The Competition was judged by Mrs. Rupinder Kaur. Results of the completion are given below:

List of Team Members of Inter House Kho-Kho Competition

Kho-Kho Team B.Ed. Sem -IV (Sec C) – Sri Aurobindo House - 1st Position

Sr No	Name	Father's Name	Roll No	Particulars
1	Harpreet Kaur	S.Amarjit Singh	670	Playing
2	Navjot Kaur	S.Onkar Singh	669	
3	Sonika Sharma	Sh.Pawan kumar	673	
4	Ritika	Sh.Rajesh Kumar	671	
5	Amanpreet Kaur	S.Sarbjit Singh Dhami	645	
6	Deepti	Sh.Sohan lal	649	
7	Komal Sandhu	S.Kuldeep Singh	652	
8	Anu Pathania	Sh.Kartar Singh Pathania	693	
9	Navsharanpreet Kaur	S.Raghbir Singh	661	
10	Jashandeep Kaur	S.Gurbinder Singh	612	Substitutes
11	Sakshi Miglani	Sh.Narinder Kumar	615	
12	Sunita Rani	Sh.Bhai Lal	628	

Kho-Kho Team B.Ed. Sem -II (Sec B) – Socrates House - 2nd Position

Sr No	Name	Father's Name	Roll No	Class
1	Bhavna Sharma	Sh.Kimti Lal	194	Playing
2	Rupa Johal	S.Shaminder Singh	119	
3	Monika	Sh.Bhajan Mehto	179	
4	Ritu Soni	Sh.Ashok Kumar Soni	136	
5	Neha Sharma	Sh.Ravinder Kumar	128	
6	Vandana Rajak	Sh.Hargobind Rajak	167	
7	Poonam	Sh.Babu Lal	182	
8	Priya Arora	Sh.Ashwani Kumar	160	
9	Baljeet Kaur	S.Kulwinder Singh	150	
10	Neeharika	Sh.Raj Kumar	169	Substitutes
11	Priya Choudhary	Sh.Subhash Chander	170	
12	Shelly Sharma	Sh.Madan Lal Sharma	193	

Kho-Kho Team B.Ed. Sem -II (Sec A) – Plato House - 3rd Position

Sr No	Name	Father's Name	Roll No	Class
1	Neha Sharma	Sh.Shayam Gopal Sharma	133	Playing
2	Harmanpreet Kaur	S.Surinder Singh	141	
3	Garima	Sh.Rajeev Kumar	126	
4	Divya Chopra	Late. Rajender Prakash Chopra	140	
5	Shriya	Sh.Sham Airy	107	
6	Jagriti Mahajan	Sh.Pawan Kumar	172	
7	Kirat Kaur	S.Nishan Singh	105	

8	Manjeet Kaur	S.Taranjeet Singh	178	Substitutes
9	Harsimranpreet Kaur	S.Gurwinder Singh	120	
10	Ankita Rana	S.Yudhvir Singh	142	
11	Sakshi	Sh.Rajesh Kumar	196	
12	Pooja	Sh.Babu Lal Pal	143	

- ***Celebration of World Health Day***

Health Club of the college was celebrated World Health Day on 8 April, 2019 in the college premises. On this occasion, a camp was organized where the Body Mass Index of every Teacher, Student and non-teaching staff was measured and was followed by multifarious suggestions. Healthy Diet, Exercises and Yoga practices to keep the body fit and calm was suggested.

Mrs. Neelu Jhanji, Principal of college appreciated the efforts of the students and motivated the youth to avoid the consumption of junk food and become healthy to make the world healthy and free from diseases.

DRUG DE-ADDICTION COMMITTEE

- ***Celebration Of Youth Empowerment Day***

Drug De-addiction Committee, DAPO, Buddy groups of The college celebrated “Youth Empowerment Day” in the college premises to commemorate the sacrifice of freedom fighter S. Bhagat singh, Remembering him on the martyrdom day of Shaheed Bhagat Singh. On this occasion, an essay writing competition was organized on the theme viz. “Get High on Grades, Not on Drugs”, “The Drugs of Youth is to challenge Drugs” and “Drugs Drag you Down.” The judgment of the essay writing competition was done by Geetanjali Mittu.

While speaking on the occasion, Principal Mrs. Neelu Jhanji said that the problem Drug addiction among youth of Punjab is the cause of serious concern. She further added that the Government need to involve communities and media to highlighting perils associated with the drug addiction and educating people to stand against their menace.

The following students of our College have won various positions in **Essay Writing Competition** on “Youth Empowerment Day” held on 23.03.2019, organized by Drug De-addiction Committee in our College Campus.

Sr. No.	Name	Father's Name	Class/Roll No	Position
1	Gurleen Kaur	S.Jasbir Singh	B.Ed.-II/ 115 (A)	First
2	Baljeet Kaur	S.Kulwinder Singh	B.Ed.-II/ 150 (B)	Second
3	Ritu Soni	Sh.Ashok Kumar Soni	B.Ed.-II/ 136 (B)	Third

YOUTH RED CROSS CLUB

- ***Celebration Of National Safety Day***

Youth Red Cross Club of the college celebrated “National Safety Day” on the theme ‘Health is Wealth- keep this treasure safe’ on 5th March, 2019, in the form of exhibition of various thoughts on the safety guidelines for the upkeep of health for the betterment. The posters were displayed

in the form of exhibition to make the students aware for the health related issues in modern world. The whole programme was conducted under the supervision of Red Cross incharges Mrs. Gurpreet Kaur and Ms. Jaspreet Kaur.

WOMEN WELFARE COMMITTEE

- ***Celebration Of International Women's Day***

Women Welfare Committee of the college celebrated International Women's Day on the theme "Beti Bachao, Beti Padhao" on 8 March, 2019. On this day students of the college through their speeches, poems emoted the dilemmatic position of the modern women.

While speaking on the occasion Principal Mrs. Neelu Jhanji, said that today woman is no longer a dependent soul. She is self dependent and self reliant in every aspect. She also stressed to recognize the importance of women's existence and motivate them for the future achievements.

RED RIBBON CLUB

- ***Celebration Of World AIDS Day***

Red Ribbon Club of The college celebrated World AIDS Day in the college campus on 1 December, 2018. On this day through display of different posters, students were made aware regarding the causes of AIDS and ways of prevention from HIV/AIDS. A section of display depicted that education is the most powerful weapon one can use to change the world.

While speaking on the occasion Principal Mrs. Neelu Jhanji appealed to the would be teachers to join hands to fight this disease and informed about the causes and misconceptions associated with AIDS.

MATHEMATICS CLUB

- ***Celebration Of National Mathematics Day***

Maths club of the College celebrated National Mathematics Day in the college premises on 07-03-2019. On this day members of the club through their PPTs, videos, mono-acting and songs depicted the misconceptions about mathematics. On this occasion Dr. Meharban Singh, Assistant Professor, shared his life experiences about how he overpowered his fear for mathematics.

While speaking on the occasion, Principal Mrs. Neelu Jhanji, said that application of mathematics has been broadly accepted in the study of science, economics and other various disciplines.

GUIDANCE AND COUNSELLING CELL

- ***Seminar On "Life Style Management"***

Guidance and Counselling Cell of the College organized a seminar on the topic "Life Style Management" in the College Hall on 25-10-2018. The resource person was Dr. Gurwinder Singh M.D.(Medicine). The Resource person Dr. Gurwinder Singh emphasized the disadvantages of Self Medication, he also highlighted the importance of home remedies, Aqua Pressure Therapy, Physiotherapy and Yoga in ones' life.

On this occasion, Principal Mrs. Neelu Jhanji welcomed the guest. While speaking on the occasion, she said that one should avoid treating oneself at home, it might be injurious to health. Healthy Life Style helps us to maintain healthy life free from diseases.

- ***Seminar On “Personality Development”***

Guidance and Counselling Cell of the college organised a Seminar on “**Personality Development**” on 15-February-2019s. The Resource Person for the Seminar was S. Dilbag Singh Talwara from Sikh Helping Sikh (SHS) a Non Government Organization.

While speaking on the occasion, the Resource Person said that we perceive human life in form of body, mind and soul. Further he said that we are feeding our body and mind but are neglecting soul. He suggested that self-actualization and self-realization are keys to know oneself that makes our soul strong and personality dynamic. Further, he added that if we make our soul strong and have positive and optimistic attitude towards life, we can attain the success in our life. Moreover he said that to attain the true happiness, we should have faith in God, satisfaction in our life, high character, keeping ourselves away from unnecessary pomp and show, value time along with hard work and should be focussed. He also emphasised that one should avoid over-use of mobile phones and invest the time in fruitful activities, as time management is key to success.

On this occasion, while speaking on the occasion Principal Mrs. Neelu Jhanji said that in this materialistic world we have become utilitarian in approach. While speaking she focused if we have faith in God, strong moral values and manage our time well, success can be ensured.

CYBER CLUB

- ***Workshop on the “Use Of E-Blogs”***

Cyber Club of the college organized a workshop on – **Use of E-Blogs** for B.Ed Semester IV Students in Computer Lab on 11-03-2019. Mrs Shivani Gulati orated on this occasion about the concept and use of E-Blogs. Students were provided **hands on experience** on creating their own Educational Blog on websites like **Edublog.org and Wordpress.org**. Steps were demonstrated by Mrs. Shivani Gulati to create blog, adding text and media to the blog. Students created their own blogs during the workshop. It was further deliberated that Pupil teachers can create their blog for all the activities they perform in their B.Ed Course and utilize it as an E- portfolio also.

NSS UNIT

- ***Two weeks NSS Camp from 12-07-2018 to 25-07-2018***

To fulfil the requirement of B.Ed. Course under the subject Field Engagement with Community of B.Ed Sem-III, the college organized two weeks NSS Camp at Sangat Sohal Village, Kapurthala Road, Jalandhar.

In which Tree Plantation Campaign held on 18th July, 2018, a seminar was conducted by Dr. Harleen Singh on 24th July, 2019 and a competition on “Eco Friendly Transformation Of Waste” was held whose result are as following:

S.No	Group Name	Position
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1	I	1 st
2	IV	2 nd
3	II	3 rd

- ***Swacch Bharat Pakhwada 1st -15th August, 2018***

NSS unit of the college organized Swacch Bharat Pakhwada from 1st- 15th August, 2018. The students were directed to perform various activities in which they prepared posters, conducted lectures on healthy habits and organized slogan writing competition in their respective internship schools under the supervision of school supervisors. After all these activities a pledge was taken by the students on international youth day to keep our nation green and clean and to make India “Swacch Bharat , Khoobsurat Bharat”. Along with this students enthusiastically celebrated Independence Day as well.

- ***Celebration of NSS Day on 25-09-2018***

N.S.S. Unit of the college celebrated NSS day for which exhibition was organized on the topics:

- Importance of values
- No smoking
- Awareness related to AIDS

Students of B.Ed and M.Ed participated enthusiastically and prepare slogans and posters on it. Their work was exhibited on the Display Board and it was shown to all the students and teachers.on this occasion Principal Mrs. Neelu Jhanji, motivated the students and appealed the would be teachers to keep their thinking high to make this globe a better place to live.

- ***Celebration Of Gandhi Jayanti***

The college celebrated birth anniversary of Mahatma Gandhi ji on **02-10-2018** by organizing an enactment to show the problem of garbage and solution towards cleanliness along with the various methods of recycle and reuse the waste. Principal Mrs.Neelu Jhanji motivated the youth to simultaneously focus on education and cleanliness of the surroundings. At the end , a pledge was taken by all the students and teachers to make their country clean and green.

- ***Awareness Campaign Among Villagers Regarding Stubble Management***

The college took initiative to aware the society to maintain the greenery of the environment. NSS volunteers of the college on 4-10-2018 visited the village to aware the farmers regarding the worse effects of burning stubble in order to save environment. Moreover, the morning assembly was organized in which an enactment was done to motivate the students , to maintain environment sustainability. On that occasion Principal Mrs. Neelu Jhanji motivated students to focus on saving resources so that it is possible for the coming generation to live smoothen life.

- ***Awareness Regarding Eco-Friendly Deepawali***

The college took initiative to aware the students and teachers to celebrate Eco-friendly Deepawali. For this a morning assembly was organized on 05-11-2018 on the theme- Seven Billion Dreams- one planet in which there was an enactment in which students show the harmful

effect of bursting crackers on health and environment . Moreover, the suggestions were presented to celebrate this festival pollution free by enjoying pollution free crackers.

- ***Celebration of World Environment Protection Day***

The world Environment Protection Day was celebrated by organizing various events under the theme “Environment Sustainability: A Global Concern” throughout the month on different dates vis-à-vis 2nd Oct, 5th Nov, 13th Nov, and 26th Nov, 2018. During these events, through various speeches, poems, PowerPoint presentations and videos, the awareness regarding environmental protection was emphasized. Students were motivated to follow the green footsteps to promote environment sustainability at world level. Different events were organized on the topics:

- Imbalanced Ecosystem
- Seven Billion Dreams- One Planet
- Education as Proactive Agent.
- Unite to Combat under the theme ‘Environment Sustainability- A Global Concern’

A morning assembly was held in the college premises by the students of PLATO House on the topic “IMBALANCED ECOSYSTEM”. The assembly started with the blessings of the Almighty with College Shabad . Then Dr. Radha Arora and Dr. Ravjeet Kaur along with the Class Incharge of the PLATO house Mrs. Shivani Gulati presented a bouquet to the Principal Mrs Neelu Jhanji. The assembly began with Garima giving a brief introduction about the Greek Philosopher, PLATO (after whom the house is named) and his views on Education. Further Jagriti gave an overview on “Ecological **Imbalance**”. Kirat recited a poem on “ **Pollution**”. The students also explained on to how this ecological imbalance was occurring where Abhilasha explained the “**Effects of growing population on the environment**”. She explained that if this population explosion was not controlled at the right time, there will be serious consequences on the environment as well as the human life. Further, Ashima and Sushita presented a video on “**Wildlife Extinction**”. The video showed that if the wildlife is not preserved wisely, our grandchildren may not be able to see some animals except for in a picture book. Ankita gave a speech on “**Disasters**”. She explained that we cannot control the natural disasters but we can definitely keep an eye on manmade disasters. Moving on forward, Gurleen presented a video on “**Pollution Havoc**”. The video showed that if the pollution is not controlled, this Earth would no longer be a fit place to live in. Towards the end of the Assembly , Principal Madam shared her views on Ecological Imbalance. The assembly ended with the National Anthem.

- ***Celebration of World AIDS Day***

NSS Unit of the college celebrated the World AIDS Day on 1st December, 2018 to create awareness among the students that it is an opportunity for people worldwide to unite in fight against HIV, show their support for people living with HIV and to commemorate people who have died. On this occasion, pictorial and textual display of posters and slogans were displayed on the topic AIDS.

Members of NSS Unit and Red Ribbon Club took initiative to organize the visual display in college premises different posters were made by them to create awareness regarding the symptoms , effects and prevention of AIDS. Principal Mrs. Neelu Jhanji highlighted the importance of knowledge related AIDS in the world society.

- ***Celebration of National Voters Day***

The college celebrated National Voters Day on 25-01-2019 with the Slogan “ My Vote My Voice”. On this occasion M.Ed students Rachna Ralhan emphasised on the relevance of using

right to vote keeping in mind the vision for development of the Nation. Principal Mrs. Neelu Jhanji said that it is the right given to us by our government to cast vote. The public is the effective tool for the peaceful voting.

- ***Poshan Abhiyan***

Poshan day was celebrated in the college on 22-3-2019 to make students, teachers and the society aware of the benefits of healthy diet and ill effects of drugs. A rally was organized near college to aware the society .A poster making competition was also organized on the following themes :

- Food and Nutrition
- Immunization
- 3 WASH
- Adolescent Nutrition
- Maternal Health and Nutrition.

The following students of our College have won various positions in **Poster Making Competition** on “Poshan Abhiyan” held on 22.03.2019 in the College Campus:

Sr. No.	Name	Father's Name	Class/Roll No	Position
1	Ritu Soni	Sh.Ashok Kumar Soni	B.Ed.-II/ 136 (B)	First
2	Ravneet Kaur	S.Harbinder Singh	B.Ed.-II/ 102 (B)	Second
3	Gagandeep Kaur	S.Joginder Singh	B.Ed.-II/ 138 (B)	Third

- ***Celebration of World Sikh Day***

World Sikh Day was celebrated on **14-03-2019** in college premises. On this day several trees were planted by the students of B.Ed and M.Ed students. The main focus to celebrate this day by NSS was to indulge youth in environment sustainability and keep them away from social evils and drug addiction to channelize their energy towards constructive side.

- ***Awareness Programme For Lok Sabha Elections***

NSS Unit of the college organized awareness programme on Lok Sabha Elections on 11th April, 2019 to make the youth aware about importance of single vote. Poster making and slogan writing competition were held for the same. Furthermore, a rally was organized near the surroundings of the college to make the society aware for the Right to Cast Vote.

EXTENSION LECTURES AND SEMINARS
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Under the Student Enrichment Programme, Internal Quality Assurance Cell (IQAC) of the College organized a series of Extension Lectures and invited various Eminent Resource Persons to delivered lectures for the overall development of personality of the faculty members and students.

- ***International Seminar on “Education in 21st Century”***

An International seminar on the topic “Education in 21st Century” was organized in the college on **24-07-2018** by Dr. Harleen Singh, Associate Professor of Literature and Women’s, Gender and Sexuality Studies, Brandies University, U.S.A. She emphasized on the fact that it is necessary to internalize the value of education and it should not be forced. While elaborating the relationship of us with education she emphasized that it is necessary to internalize the value of education and it should not be forced. She added that to be global does not mean ignoring your surroundings, but it means to be in our surroundings and then exploring the world.

Further, while reflecting on the gender issue she said that we talk about gender at very later stage when we have dowry death or a rape, but it begins quite early when we start discriminating the male and female behaviour at very early age. She stressed that gender talk must be the necessary part of our education. She also appealed that in education natural ability of the learner should be kept in consideration for the harmonious development of the personality of the learner. She concluded by saying that in 21st Century we need flexible and dynamic thinkers to fulfill the global needs.

- ***Extension Lecture on “Qualitative Research”***

On 09-8-2018, the extension lecture was organized on the topic, “Qualitative Research”. The speaker for the day was Dr Supreet Kaur, Associate Professor, University School of Open Learning, Department of Education, Panjab University, Chandigarh. While speaking, Dr. Supreet Kaur defined research as a systematic inquiry to find answers to our problems. While explaining Qualitative Research, she said that this type of research describes persons, events etc. scientifically beyond data and numbers. She also reflected upon different methods of data collection for Qualitative Research such as case study, observation and ethnography. While elaborating case study, she said that in case study we need to select variables on the basis of speculative significance and not on the basis of crucial significance. Further, while explaining observation as a tool of Qualitative Research. She said that it needs rigorous analysis, examination and verification of the context of data. She also reflected upon ethnography as a method of field observation which is based on inductive logic.

- ***Extension Lecture on “Value Education”***

On **10-08-2018**, the extension lecture was organized on the topic, “**Value Education**”. The speaker was Prof. (Retd.) Prof. Harish Sharma, Department of Education, Panjab University, Chandigarh. While speaking, Prof. Harish Sharma reflected that in education everything has value. He further said that narrowly speaking Aims of education are derived from values whereas, broadly speaking, the policies of education are also derived from values. Further he added that values are originated from religion, society, philosophy, literature and science. He also reflected upon 8 basic value of Buddhism and three jewels of Jainism viz. right Philosophy, right knowledge and right conduct.

- ***Extension Lecture on “Education Technology and System Approach”***

On **10-08-2018**, the extension lecture was organized on the topic, “**Education Technology and System Approach**”. The speaker was Prof. (Retd) G.S.Sodhi, Department of Education, Panjab University, Chandigarh. While speaking he said that Educational Technology as a highly developed subject that helps the teachers to achieve objectives of teaching. He further explained two types of systems viz. Open and closed. He added that open system interacts with other systems whereas closed system does not interact with other systems. On this occasion, Principal Mrs. Neelu Jhanji welcomed both the guests.

- **Extension Lecture on “Tips to Avoid Plagiarism”**

On **10-08-2018**, the extension lecture was organized on the topic, **“Tips to avoid Plagiarism”**. The speaker was Prof. Sandeep Berwal, Department of Education, Chaudhary Ranbir Singh University, Jind, Haryana. While speaking on this occasion he threw light on the plagiarism and its types. While speaking, he portrayed his deep concern for the fact that in spite of being having largest number of teachers and highest number of scientists in India, we still fail to make fruitful discoveries due to Plagiarism. He defined Plagiarism as an act of presenting another’s work or idea as your own and gave different types of Plagiarism viz. Copying, Patchwork, Paraphrasing and Unintentional. Further, he also mentioned the penalty for students and teachers against different levels of Plagiarism as well. While speaking he added that we can avoid Plagiarism by writing the manuscripts in our own language, giving credit to the real author and including right references. He also suggested some of the important ways of writing the references.

59TH ANNUAL SPORTS MEET

59th Annual Sports Meet was organized on 14th and 15th march 2019 . The opening ceremony of the Sports Meet was inaugurated by Principal Mrs. Neelu Jhanji, who declared the 59th Annual Sports Meet open.. More than 100 students of B.Ed. and M.Ed. participated in different events like 100 m race, 200m race, long jump, shotput, relay race ,obstacle race, Apple race and tug of war. Sports events were followed by events of cultural activities. The sports meet was co-ordinated by Mrs. Gagandeep Kaur and Mrs. Rupinder Kaur. Results of various activities is as follows:

Final Results (Boys)

Game	Position	Name of Winners	Class	Roll No
100 Metre Race	First	Shubham	B.Ed Sem II - C	05
	Second	Chetan Gupta	B.Ed Sem II - B	01
	Third	Sukhwinder Pal Singh	B.Ed Sem II - D	03
Shot Put	First	Sukhwinder Pal Singh	B.Ed Sem II - D	03
	Second	Harkrishan	B.Ed Sem II - B	06
	Third	Chetan Gupta	B.Ed Sem II - B	01
Long Jump	First	Sukhwinder Pal Singh	B.Ed Sem II - D	03
	Second	Chetan Gupta	B.Ed Sem II - B	01
	Third	Shubham	B.Ed Sem II - C	05
Apple Race	First	Lovepreet Singh	B.Ed Sem IV - B	503
	Second	Shivang Sharma	B.Ed Sem II - C	07
	Third	Pankaj Kumar Attri	B.Ed Sem IV - B	502
Obstacle Race	First	Sukhwinder Pal Singh	B.Ed Sem II - D	03
	Second	Chetan Gupta	B.Ed Sem II - B	01
	Third	Shivang Sharma	B.Ed Sem II - C	07
Best Athlete (Boys)		Sukhwinder Pal Singh	B.Ed Sem II - D	03

Final Results (Girls)

Game	Position	Name of Winners	Class	Roll No
100 Metre Race	First	Pratibha Saini	B.Ed Sem IV - B	603
	Second	Renu Kumari	B.Ed Sem IV - A	651
	Third	Ritu Soni	B.Ed Sem II - B	136
200 Metre Race	First	Pratibha Saini	B.Ed Sem IV - B	603
	Second	Renu Kumari	B.Ed Sem IV - A	651
	Third	Kirat Kaur	B.Ed Sem II - A	105
Relay Race (4x100m)	First	Pratibha Saini	B.Ed Sem IV - B	603
	First	Priyanka Chaudhary	B.Ed Sem IV - B	675
	First	Ramandeep Kaur	B.Ed Sem IV - B	621
	First	Jaspreet Kaur	B.Ed Sem IV - B	640
	Second	Renu Kumari	B.Ed Sem IV - A	651
	Second	Radhika	B.Ed Sem IV - A	674
	Second	Ritika Sareen	B.Ed Sem IV - A	644
	Second	Jyotsna	B.Ed Sem IV - A	659
	Third	Amanpreet Kaur	B.Ed Sem IV - A	645
	Third	Ritika	B.Ed Sem IV - A	671
	Third	Sakshi Miglani	B.Ed Sem IV - A	615
	Third	Sonika Sharma	B.Ed Sem IV - A	673
Shot Put	First	Rupa Johal	B.Ed Sem II - B	119
	Second	Priyanka Chaudhary	B.Ed Sem IV - B	675
	Third	Anchal Arora	B.Ed Sem II - C	113
Long Jump	First	Cherry Aulakh	B.Ed Sem II – D	125
	Second	Pratibha Saini	B.Ed Sem IV - B	603
	Third	Amanpreet Kaur	B.Ed Sem IV - C	645
Three Legged Race	First	Amanpreet Kaur	B.Ed Sem IV - C	645
	First	Ritika	B.Ed Sem IV - C	671
	Second	Cherry Aulakh	B.Ed Sem II - D	125
	Second	Alisha Bahri	B.Ed Sem II - D	164
	Third	Jaspreet Kaur	B.Ed SEM II - C	155
	Third	Manrajveer Kaur	B.Ed Sem II - C	151
Obstacle Race	First	Priyanka Chaudhary	B.Ed Sem IV - B	675
	Second	Vandana Rajak	B.Ed Sem II - B	167
	Third	Ritu Soni	B.Ed Sem II - B	136
Fancy Dress	First	Navjot Kaur	B.Ed Sem II - D	127
	Second	Sushita Joshi	B.Ed Sem II - A	122
	Third	Daljeet Kaur	B.Ed Sem IV- C	650

Tug of War	First	Tagore House	B.Ed Sem IV - B	
	Second	Rousseau house	B.Ed Sem II - C	
	Third	Socrates house	B.Ed Sem II - B	
Best Athlete (Girls)		Pratibha Saini	B.Ed Sem IV - B	603

PROFESSIONAL DEVELOPMENT 2018-19
